

BUILDING BRIDGES PUB MOOT

Newsletter
May 2009

Editor's Corner

The Dogwoods are in full bloom! As we all celebrate Spring at its finest, it is time for us to shed our winter coats and our winter blahs and get out and support our community.

Building Bridges Newsletter has undergone some major changes over the last few months. We are proud to say that our website had over 500 hits in the month of April. Our hope is to continue to bring you local area events in a manner that is not only informative, but also pleasing to the eye. We hope that you will continue to check in on our website for new features.

Festival Season is about to kick off for 2009, Take a look at our Spotlight section for exciting news on upcoming festivals. Our Calendar is updated with a complete list of Festivals in Southern Ontario. If we have missed one, please feel free to contact us. Stay tuned to our Events List for reviews and highlights.

May your Beltane be filled with love, laughter and dance.

Blessed Beltane!!!

Crystal

Editor-in-chief

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C-K Pagan Pub Moot

Date: May 1/09

Time: 7-12 pm

Location: The Montreal House

Street: 185 Grand Ave East

City: Chatham

A social night out for Pagan's in C-K and beyond

If anyone wishes to donate a prize or service to the raffle table, everything is welcome.

Durham Pagan Coffee Moot

Date: May 3/09

Time: 1-4 pm

Location: Country Style

Street: King and Centre

City: Oshawa

Join us for our first (new) Durham Pagan Coffee Moot!

We've picked a new location, have 3 awesome organizers, and have picked a new day. This is a child-friendly event, alcohol free, and allows for those early morning jobs that some of us have. All are more than welcome! Hope to see you there!

Durham Pub Moot

Date: May 6/09

Time: 7-11 pm

Location: Riley's

Street: 104 King Street East

City: Oshawa

Kingston Pagan Pub Moot

Date: May 12/09

Time: 7:00-11 pm

Location: The Toucan

Street: 76 Princess St.

City: Kingston

Contact 613-544-0852

Ottawa Pagan Meet and Greet

Date: May 13/09

Time: 7 pm

Location: Dow's Lake Pavilion "Malone's Lakeside Bar & Grill"

Street: 1001 Queen Elizabeth Driveway

City: Ottawa

Barrie Pagan Pub Moot

Date: May 9/09

Time: 6-10 pm

Location: Down the Road Irish Pub (Sunroom)

Street: 650 Big Bay Point Road

City: Barrie

We are a friendly bunch of pagans, very approachable and love good discussions. Whether you are new to the area and want to network with like-minded people or have been to many moots before and feel like enjoying a meal in good company. You are most welcome.

Make sure to bring your sense of humour

HammerTown Pagan Pub Moot

Date: May 24/09

Time 7 pm

Location: Corktown Pub & Fare

Street: 175 Young St

City: Hamilton

Shibaten Spirits is our entertainment and the moot will be a Hamilton PPD fundraiser. More details to come. Stay tuned to our website and Facebook page for updates. Email us at info@hammertownppm.com.

Check out our Website; www.hammertownppm.com

Toronto Pagan Pub Moot

Date: May 18/09

Time: 7-11 pm

Location: The Fox and Fiddle

Street: 1535 Yonge Street

City: Toronto

The Toronto Pagan Pub Moot is the first and longest running Moot in Canada (c. Feb. 1996). It is an open and friendly social event that meets every Third Calendar Monday of every month. It is open to Pagans, Wiccans, Witches, Druids, Asatru, etc of ALL ages and those who are new and would like to learn more to those who have been walking the path for decades. As this is a social event, there are no lectures or specific talks. It is a GREAT place to meet up with old friends and make new friends.

For more information, please feel free to contact either Evan or Karen torontopaganpubmoot@rogers.com

<http://torontopaganpubmoot.shorturl.com>

Pagan Meet and Greet

Date: May 23/09

Time: 10-6 pm

Street: 1346 Hwy 15 Kingston Ontario

City: Kingston

Hosted by Goddess Blends - 613-544-0852

www.goddessblendspagan.com

Toronto Building Bridges Pub Moot

Date: May 20/09

Time: 7-11 pm

Location: The Ground Hog Pub

Street: 401 Bloor St East

City: Toronto

Just a reminder, that we are accepting donations for our need table. It is a community driven initiative and we hope its success to continue. If you need anything or know anyone who is in need and can't make it to the pub moot feel free to take from the table. That is what it is for. We are in tough times, and we have folks in the community who could use some help; either starting up a new apartment, clothes, or food items...so any donations will be appreciated. Don't forget our networking table. It's the best way to network your businesses. Also our upcoming events announcements on what is happening in our communities for May. We also may have a few more surprises but you have to come out to see what they may be.

London Ontario Pagan Coffee Social

Date: May 22/09

Time: 7 pm

Location 513 Queen St

City: London

The LOP coffee Social is held at 7 pm on the last Friday of every Month behind Need hams Funeral Home (side door) There will be Coffee, Tea and Hot Chocolate provided for \$1 cup. All proceeds will go to fund our local Spiral Scouts group.

Pagan Brunch

Date: May 24/09

Time: 11 am

Location: The Toucan

Street: 76 Princess St.

City: Kingston

Contact: 613-544-0852

Cerridwen's Mug

Date: May 8/09

Time: 7:00 pm

Location: Second Cup

Street: 1909 Yonge St

City: Toronto

Thank you for bearing with me as I find a new location to host Cerridwen's Mug. After taking the month of April off, I am...still looking for a new place to call the Mug home. That is why I offer a temporary solution for the May Mug. Slightly north of our original Second Cup home is a Starbucks with an upstairs area. Please call me when you arrive, The Second Cup does not reserve space and we may have to move back to our original location, due to lack of space. Take care and see you all at Cerridwen's Mug on Friday May 8. Cerridwen's Mug Facebook group:

<http://www.facebook.com/home.php#/group.php?gid=2582706260&ref=ts> for more information or you can contact me, Samantha, at 647 206 5540 or by email at rayvyn@gmail.com.

**PAGAN
PAGES**
Business Directory of Choice
for the Pagan Community
www.paganpages.ca



Store Listings



Big Summer Shape Up Deal!

Lose Inches! Lose Pounds! Feel Great!...

with Silvana Kocovski

Date: May 2, 9, 16, 23, & 30/09

Time: 2 - 3:30 pm

CRYSTAL SKULL Activation & Attunement

with Carole Davis-Wilson,

Date: May 8/09

Time: 7 - 9:30 p.m

4 Weeks TAROT SERIES...with Cat

Date: May 4, 11, 18, & 25/09

Time: 6:30 - 8:30 p.m.

For more information please visit our website at
www.theancientmystic.com or contact us 905-201-7281

5694 Highway 7 East ~ Unit 13, Markham, ON, L3P 1B4



Seance

Date: May 9/09

Time: 7 - 9 pm

Meditation Classes for Beginners and Intermediate Participants

Date: May 7, 14, 21 & 28/09

Time: 7 - 9 pm

For more information please visit our website at
www.thehedgewitch.com or contact us at 905 478-1837

18944 Leslie Street, Sharon, ON, L0G 1V0



Public Rituals

Date: May 3 (Sabbat), 10, 17, 24 & 31/09

Time: 8 pm

Public Classes

Date: May 5, 12, 19 & 26/09

Time: 8 pm

Divination Night

Date: May 30/09

Time: 8 pm

For more information please visit our website at
www.wcc.on.ca or contact us at 416-656-6564

109 Vaughan Road, Toronto, ON, M6C 2L9



Behind the Star Signs: Elements and Modes with Astrologer Kelly Surtees

Date: May 12/09

Time: 6:30 pm

Ecstatic Trance Body Postures with Ingrid Cryns

Date: May 13/09

Time: 6:30 - 9:30 pm

Tarot Mondays

Date: May 4, 11, 18, & 25/09

Time: 12 - 5 pm

Juicy Fridays!!

An Earth-Centered Prayer Evening with James Wells and Guests

Date: May 29/09

Time: 7 pm

The Fleishman Gallery

Talismans for the home by Leslie Peters

Extended until Friday May 29

79a Harbord Street, Toronto, ON, M5S 1G4

Events

Astrology Toronto presents:

Alan Oken Workshops

Dates: May 1, 2 & 3/09

Time: 7 - 9 pm

Location: Jivamukti Yoga Toronto

Street: 5 Shuter Street, 3rd floor

City: Toronto

Cost: \$70-\$275 for non-members & \$50-\$215 for members

[The Meeting of the World Ages \(Friday\)](#)

[Making Our Way Through the Labyrinth of the Natal Chart \(Saturday\)](#)

[Introduction to Soul-Centered Astrology:](#)

[The Seven Rays and the Esoteric Planetary Rulers of the](#)

[Signs \(Sunday\)](#)

For information on each workshop or to register please visit us at www.astrologytoronto.ca, or contact us

astrologytoronto@gmail.com

Restorative Yoga with Hali

Dates: May 1 & 8/09

Time: 7:15-9 pm

Location: Bond Place Hotel

Street: 65 Dundas St East

City: Toronto

Cost: \$25 (per single class) Limited to 20 participants

In this practice we use an array of yoga props in order to bring ourselves into several key yoga posture that allow the body to fully open AND relax, at the same time.

For more information or to registry please contact us at

416-530-0039 or inquiries@jivamuktiyoga.ca

Beltane ritual at Thornhaven

Date: May 2/09

Time: 4:30 - 10 pm

Location: Thornhaven Land

Street: 11397 County Rd.#3

City: Near Ottawa

Potluck dinner. Please bring a sacrificial object to burn in the sacred fire, preferably something made by your own hand.

For more information please call 613-989-6142 or email us at thornhaven1397@yahoo.ca

Chakra Tuning

Date: May 2/09

Time: 3 - 5 pm

Location: Jivamukti Yoga Toronto

Street: 5 Shuter Street, 3rd floor

City: Toronto

Cost: \$25 pre-reg / \$35 drop-in

The chakras provide us with a model for therapeutic transformation. Each asana corresponds to a chakra and a mantra, as well as a type of relationship.

For more information or to registry please contact us at

416-530-0039 or inquiries@jivamuktiyoga.ca

BELTANE: Celebration for Life!

Date: May 2/09

Time: 1 pm (Ritual will begin at 3:00pm)

Location: 31601 Shackleton Line,

City: Iona Station, (just west of London)

Cost: \$5/person , \$10/family

(Kids 12 & under FREE, must be accompanied by an adult!)

Lets say goodbye to the winter and ring in the spring with a dance around the maypole! This is a potluck event. Please bring lawn chairs, blankets, and ribbon. Be prepared for seasonal weather conditions. Stay tuned to the website for further updates.

Contact us at 519-762-2000 or email us at

info@spiritsfest.com Website: www.spiritsfest.com

Friends of the Heart -

Open House: All Welcome

Date: May 2/09

Time: 1 - 3 pm (Brief talk and meditation at 3 pm)

Location: Friends of the Heart

Street: 2510 Yonge Street, Suite 324

City: Toronto

Come and bring a friend to introduce them to our lovely space. Arrive any time between 1pm and 2pm and share a cup of tea with instructors and senior students. You can ask us any questions you have, browse through our library, and check out our space as well.

Port Drum

Date: May 2/09

Time: 6 - 10 pm

Location: Kaleidoscope Store

Street: 174 Mary Street

City: Port Perry

Cost: \$10.

Get Ready for the Summer! Festival Season is upon us! Come out to learn some basic beats and a few licks so you too can jam around the fest fire!

Please bring a folding chair or something comfortable to sit on. We are in a small store so quarters will be a bit tight until the weather gets warmer.

The following sessions will be in four parts: Meet and greet for the first hour; a teaching segment where we will be learning some new licks; break time with healthy snacks and refreshments; then a jam session to close out the night!

Don't forget the deals for Drummers and Dancers!

Contact Info: portdrum@gmail.com or 905-985-2539

SiMuCOR - Beltane Celebration

Date: May 2 & 3/09 (weather permitting on the 3rd)
Time: 12 pm (Celebration beings at 2 pm)
Location: Coldwater, ON
Cost: \$2 for SiMuCOR members and \$5 for non-members
Come dance the Maypole, come rejoice with the spirits that dwell on the land through a parade with music and masks, and share a feast with friends and family.
Please e-mail simucor@yahoo.com for directions and more information.

The Wicca of the Ancient Harmony presents...Open Beltaine Ritual

Date: May 3/09
Time: 2:30 - 6 pm (Ritual will begin promptly at 3:00pm)
Location: Oshawa Navy Club
Street: 320 Viola Street.
City: Oshawa
The ritual is open to any Pagan/Wiccan 18 and over. A comical theatrical narrative of the Beltane story will be performed within Ritual. Light refreshments will be served after ritual.
For more information or directions please call 905-434-6133 or email us at ancient_harmony@sympatico.ca
Website: www.thewiccaoftheancientharmony.com

Easy Posture

Date: May 5/09
Time: 7:30 - 9:30 pm
Location TBA (Likely Trinity St. Paul's United Church)
Street: 427 Bloor Street West
City: Toronto
Cost: \$30 *Preregistration requested at www.Meetup.com/Hypnosis-for-change
Workshop and group meditation with co-facilitator Jennifer Salter. Learn why so many of us have poor posture; learn exercises for core and upper body strength; practice stretches for relaxation and muscular re-balancing; simple ergonomic workspace changes; guided group

Strategic Visioning: Self-Hypnosis workshop

Date: May 6/09
Time: 7 - 9 pm.
Cost: \$30 *Preregister with www.Aangen.com
Location: Aangen Community Centre
Street: 868 Dovercourt Road
City: Toronto
Learn some tricks to quiet the chatter of the conscious mind; optimize thoughts and imagination. Includes goal-scripting worksheet and guided group session.
Contact us at 416-519-9800 for more information.

An Afternoon with Roshi Joan Halifax

Date: May 9/09
Time: 1:30 - 5:30 pm
Location: Multi-Faith Centre, U of T, Toronto
Street: 569 Spadina Avenue
City: Toronto
Cost: \$100, Student \$50 and some scholarships available. (please contact the centre if you are interested in a scholarship)
Important new studies in neuroscience have explored the connection between the brain and compassion, empathy, altruism and other unselfish mental qualities.
A book signing will follow her program with copies available for sale

Strategic Visioning: Self-Hypnosis Power Hour

Date: May 11/09
Time: 4 - 5 pm
Cost: Pay-what-you-can.
Preregister with <http://www.meetup.com/Hypnosis-for-Change> as space is very limited.
Location: Flow Shiatsu Clinic,
Street: 720 Spadina Avenue Suite 507
City: Toronto
Ongoing practice of self-hypnosis (motivational visualization) for all levels to ensure your thoughts and imagination are supporting rather than sabotaging your goals. It's easy once you know how, and you can do it anytime. The natural, meditative state of self-hypnosis is perfectly safe and relaxing.

Vipassana Presentation

Date: May 14/09
Time: 7:30 pm - 9 pm
Location: Snow Lion: The Meditation Shop
Street: 708 Pape Avenue
City: Toronto
Public talks offer you an opportunity to find out more about Vipassana Meditation. Following the introductory talk and film screening there is an opportunity to ask questions and talk informally with experienced meditators.
For more information please call us 416-461-1611, or email us at twos.visual@gmail.com
Website: www.torana.dhamma.org

What is Death?

Date: May 14/09
Time: 7 pm - 9 pm
Location: Please contact: myra8thfire@hotmail.com
City: Aurora
How can we use this universal event to promote awareness and develop a sense of calm and clarity? Tibetan Buddhism has done extensive research into the process of dying and the way to achieve clarity during the passage.

Mindfulness for Stress Reduction:

Intro to a Six Part Workshop

Date: May 20/09

Time: 7:30 - 9 pm

Location: Snow Lion: The Meditation Shop

Street: 708 Pape Avenue

City: Toronto

Reservation for the talk is not necessary but pre-registration for the workshop is required. Register early as space is limited.

In this introductory talk, Theodore Tsaousidis will discuss the nature of stress and its causes and demonstrate basic mindfulness techniques.

For more information please visit these websites at www.SittingAtTheGate.ca or www.snowlioncanada.com

Fire Drum Circle

Date: May 16/09

Time: 8 pm

Location: 31601 Shackleton Line,

City: Iona Station (just west of London)

Cost: \$5/person , \$10/family

(Kids 12 & under FREE, must be accompanied by an adult!)

Drum circles are great for releasing the stresses of everyday life, or for attuning yourself to the natural rhythms of the earth. This event is for all experience levels. Instruments are not required. Children are welcome. Drumming, dancing, singing, and chanting. This is an outdoor event so please be prepared (lawn chairs, blanket/sweater, bug repellent, etc).

Contact us at 519-762-2000 or email us at info@spiritsfest.com Website: www.spiritsfest.com

Firedance Drum Circle

Date: TBA

Time TBA

Location: Please see facebook page for information on next jam!

Inner Silence -

Antar Mouna Meditation Techniques

Date: May 21/09

Time: 5:45 - 8:30 pm

Location: Jivamukti Yoga Toronto

Street: 5 Shuter Street, 3rd floor

City: Toronto

Cost: \$25 pre-reg / \$35 after May 19

Become an observer of the mind and the "antics" of mind rather than getting all tangled up in its web, so that you can discover the gifts of life that lay in your inner depth. Learn the practice of inner silence, a yogic meditation rooted in the Tantric traditions.

Story Into Healing

Date: May 22/09

Time: 8 - 10-ish pm

Location: Jivamukti Yoga Toronto

Street: 5 Shuter Street, 3rd floor

City: Toronto

Cost: Pay What You Can

Contact Info: 416-530-0039 or inquiries@jivamuktiyoga.ca

Performances also by: Debbie Danbrook, Ann-Marie Boudreau, Jake Hiebert, Shelly O'Brien, O Puck and Jesse James Dawn Bailey, Karen Stenning, Charlene Jones, Lisa Hart-Spillane, Danny Bakan, Victor Demko, Andrew Blake, Angie Di Iorio Blake, Rhondda Smiley, Jeannette McCullough, John Pollard

Presented by: Snow Lion The Meditation shop 416-461-1611

Supported by: www.gitchemqua.org

Metta (Loving Kindness) 1-Day

Meditation Retreat

Date: May 30/09

Time: 9 am - 5 pm

Location: For directions, information or online registration please go to

http://springrainsangha.com/registration/quakerhouse/flyer_1day_retreats.php?te=pr&d=may&t=met

City: Toronto

Cost: \$20 (Costs do not include donations for the teachers)

Metta (Loving-Kindness) is a practice that opens the heart. The four 'brahma-vihāra' practices of love, compassion, appreciative joy, and equanimity help ease the burdens of life's inevitable difficulties.

SiMuCOR Book Making

Date: May 30/09

Time: TBA

Location: TBA

Please e-mail Lupa at simucor@yahoo.com for directions and more information.

One day retreat with FOH founder

Catherine Jetsun Yeshe

Date: May 10/09

Time: 10 am - 5 pm

Location: Friends of the Heart

Street: 2510 Yonge Street, Suite 324

City: Toronto

Cost: \$75 for non-members, \$60 for members of FOH (pre-register by April 30/09)

This retreat will focus on Chenrezig compassion practice based on Catherine Jetsun Yeshe's new book "Clear Heart, Open Mind". This One Day Retreat follows the Saturday May 9 initiation into this wonderful practice Website for link to information and registration form

http://www.friendsoftheheart.com/Toronto_meditation_classes/short-retreat.php

Brantford Pagan Meet & Greet 2009

Date: May 30/09

Time: 10 am - 8 pm

Location: Mohawk Park

Street: 51 Lynnwood Drive.

City: Brantford

Enjoy, Learn, Celebrate, Meet New People - People Of All

Faiths & Paths Welcome. Vendors

For more information contact pagangatherings@rogers.com

More to come...

A Variety Of Workshops, Musicians (Shibaten Spirit, Thoth Ganesh), Drumming Circle

Coming Next Month

- ❖ May Festival Reviews
- ❖ June & July Festival Spotlights

Festival Calendar

PaganFest ~ Beltane

May 1-3/09 For more information on itinerary, the calendar and admission contact us at www.paganfest.ca

WolfSong Gathering

May 15 - 18/09 - Pre-register and be one of 2 lucky winners to have their admission refunded.

Midgard

May 16 - 18/09 - For more information contact us at ucpagangathering@yahoo.ca Please register at www.earthworks-design.com/regis.htm

Wic Can Fest

June 17 - 21/09 - Early Bird Special Ending March 20/09. For registration or more information please contact us at www.wiccanfest.com

Spirits of the Earth Festival

July 7 - 12/09 - Early Bird Special Ending April 1/09. For registration or more information please contact us at spiritsfest.com/index.htm

Kaleidoscope Gathering

July 29/09 - August 3/09 - Pre-register to save. For registration and information please contact us at www.kaleidoscope-gathering.com

Celtic Gathering Canada 2009

July 29/09 - August 3/09 Attendance must be pre-booked and paid through this website www.druidicdawn.org/node/1381

Firedance Festival

Aug 12-16/09

'You Are My Sister' Womens Weekend

September 11-13/09 - For more information contact us at youaremysister.ca/

Harvest Fest

Oct 10 - 12/09 (on the Canadian Thanksgiving weekend).

SAMHAIN: Feast of the Dead

Oct 23 - 25/09 - Stay tuned to www.spiritsfest.com for further details

Festival Spotlight



We invite you to join us at Magik Morn Friday, May 15th through Monday, May 18th for our third annual Wolfsong Gathering, a pagan and pagan friendly camping weekend! After the dark months of winter, get reconnected with Mother Earth and help us to welcome back the spring with workshops, rituals, live music, nightly bonfires, drumming and dancing. We are delighted to be welcoming back Shibaten Spirits in his first Canadian engagement of the year! A show to thrill and inspire!
Pre-register by April 26th and you could win free admission! Two lucky winners will be drawn April 27th and will be refunded on site.

Weekend Pass -\$60 per adult \$30 child 12-16. Children 11 and under free. **Day Pass** \$20 per adult \$10 per child. Friday arrivals after 12pm



The 6th Annual U.C.P.G. Midgard Festival will be returning to Whispering Pines, in Curan Ontario, this year after being held at Sunward for the past two. This decision was made due to the need of shelter which was lacking at Sunward.

Midgard, as any other outdoor event being held that weekend, as received its share of rain as well as some terrific sunny days. For this reason negotiations with the owner of Whispering Pines being fruitful the Upper Canada Pagan Gatherings events organizers decided to move the Midgard to Whispering Pines for its annual gathering.

"Midgard being a Norse based festival is open to all who wish to explore Norse traditions and not only those that follow Asatru."

Weekend Pass-Adult \$50, Family \$95-Teen \$45
Group \$45 per individual **Day Pass** \$20 Per Adult



Wic Can Fest June 17-21/2009

Our theme this year: "One Village", join us as we celebrate the Summer Solstice!

Wic-Can Fest is a family friendly event with full dining, showers, and swimming facilities, as well as the limited availability of indoor cabin accommodations. Wic-Can Fest offers a full schedule of workshops, lectures, demonstrations, concerts and rituals for you to choose from. We also offer a full schedule of children's activities.

We invite you to explore the traditions we feature, by taking part in a ritual or more. This year, you will have the opportunity to attend rituals and workshops of Asatru, Blue Star, Céilí Sídhé, Eclectic Wicca, Druidism traditions and more. A few of our presenters this year are Renowned High Priestess & author Deborah Lipp, High Priestess and Shaman Donata Ahern and Prudence Priest as well as others... plus ZsuZsa will join us this year for firewalks!

Workshops on various paths, spellcasting, herbology, divination, astrology, alchemy, drumming, bellydancing, magical cooking and baking, arts and crafts and more!

We will also have our annual Bardic competition, Men's and Women's rituals and our main ritual, which we encourage you to bring a mask (animal, shamanic, nature) for the main ritual and 1 square yard of natural canvas (cotton cloth) as we will revive our idea of the magical tarp, a tapestry of magical artwork to benefit our whole community, imbued with healing and communication energies.

Please join our facebook Wic-Can Fest! and /or check our website www.wiccanfest.com for more details.

Early bird rates are on until Beltane. We'd love to see you there! Merry Meet and Blessed Be!